

Arwen's Garden

Artisan Skincare

Product Guide 2024





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Bath Soaks



Made with **Organic oats, Salts, Dried Herbs** from Arwen's Garden, delicious **Essential Oils & French clays**. Oh, and they are vegan!

These bath 'milks' are the perfect form of self-care. If you don't have time for a 20-minute soak, then you best make it 45 minutes. Don't have a bath? Why not indulge in a foot-bath? Make Sunday Soak a thing.

Available in 150gm and supplied with a spoon and 'tea bags' if you want to avoid needing to clean the bath afterwards. (its about relaxing, not more work)

Spearmint & Lavender

The quintessence of the cottage garden are combined in this bath milk to relieve stress, anxiety & help you take a deep breath to fill your lungs with this bouquet of beauty.



Rosemary, Ginger & Chamomile

An energising soak with a combination of ginger-root, rosemary & chamomile. Designed to relieve stress, aches & tension from the body & help focus the mind, this combination will invigorate and energise your body and soul.



Vanilla & Rose

With the smooth, seductive power of vanilla & rose, this romantic bath milk is your excuse to indulge & nurture yourself...not that you need an excuse, you deserve it! .



Citrus, Sage & Sandalwood

This uplifting bath milk will soothe the mind, body & soul, leaving you calm, clear & keen to embrace life. Oats will soothe and soften your skin, and the fragrances from the citrus, sage & sandalwood will stimulate your senses.

Sugar Scrub Balls



Whether you have been in the garden, painting, creating, cooking, or cleaning, the sugar scrub balls will effortlessly leave your hands beautifully clean, feeling soft, and smelling amazing. The **gentle plant-derived foaming cleanser** will not dry your skin as soap can. The only way to scrub your hands.

Oats and **sugar** are the key ingredients in this gorgeous product: sugar to effectively remove dirt, paint or batter off your hands; and oats to soothe and soften. **Rice bran oil**, a low irritant and vegan alternative to lanolin, is deeply hydrating and is rich in Vitamin E, and **refined cocoa butter** aids in addressing hard-working dry, cracked, and damaged hands.

Soy wax provides the foundation of the balls. By adding water, the soy wax enables the balls to become putty-like enabling you to 'move' the scrub to the areas of your hands and fingers that need extra cleaning. Any residue from the balls can be washed down the sink with no fear of adding nasties to our waterways.



Artist Blend

An energising musk aroma from a beautiful blend of rose and vanilla. Dried rose petals from Arwen's Garden add to the romance



Garden Blend

Your hands are left clean, soft and smelling like the aromas of the garden: dried rosemary, chamomile & calendula petals included.



Fresh Blend

The uplifting aroma of mint will leave your senses as refreshed and clean as your hands. Dried spearmint aids in exfoliating and the residing perfume.





Body Sugar Scrub

Sugar Scrubs

Immerse yourself in the ultimate shower experience with Arwen's Garden's luxurious whipped sugar scrubs.

Enriched with a blissful blend of **coconut oil**, **sugar**, **shea butter**, and **almond oil**, this heavenly scrub gently exfoliates, leaving your skin irresistibly smooth and deeply nourished.

The coconut oil revitalizes, sugar buffs away dead skin cells, shea butter hydrates, and almond oil adds a silky finish. Revel in the divine fragrance of **Lime & Coconut**, or dreamy **Musk Sticks** as you unveil softer, radiant skin.

A sugar scrub that is not harshly abrasive, or a gooey mess. The Arwen's Garden Sugar scrub has structural integrity to ensure you can apply it easily. Handmade with naturally derived ingredients.



Meadow Collection

Get to know your skin and what it needs and when. There are no rules requiring you to use products day and night just because the manufacturer says so. Arwen's Garden encourages you to listen to your skin.

Designed for mature, life-experienced skin, the Meadow Range is relieving to apply & they quietly go about their business, nurturing, hydrating & repairing.



Meadow Serum

It was important to me to develop an oil serum that was light to wear, fast absorbing and provided the skin with genuine benefits. The base oil used is **Camellia Oil**, light in texture but rich in antioxidants and properties that aid in boosting skin elasticity. The secondary oil is **Pomegranate Oil** which is the super luxurious component. Active ingredients including **Co-Enzyme Q10**, **Rosehip Oil** and **Evening Primrose Oil**, aid in a healthy glowing skin tone.



Oil Cleanser

The Meadow Oil Cleanser has three key oils that offer gentle, nurturing and effective properties to cleanse your skin from make-up, dirt, and excess oil build-up. **Refined Grapeseed Oil** is a light, silky oil that is rich in Vitamins C, A, E, iron, calcium and omega 6 & 9. **Pomegranate Oil** is beneficial to all skin types including oily and acne-prone skin due its ability to help unclog pores. **Evening Primrose Oil** is included to help maintain normal skin function and prevent signs of premature ageing.



Toning Mist

The Meadow Toning Mist is like a fruit smoothie for your face! The aromas of **rose**, **strawberries**, **cranberries**, **bergamot** and **sweet orange** may distract you from the benefits of this beautiful toner. Nature's best astringent, **witch hazel**, is paired with bergamot floral water, **Vitamin B5** liquid, **cranberry** and **raspberry extracts**, and boosted with **hyaluronic acid**. Designed to balance and hydrate the skin after cleansing, this mist is also a must on those warm days when your skin is in need of a hydro boost.

Serums & Mists

With careful consideration, these serums & facial mists have been developed to enrich your beautiful skin. Designed for mature, life experienced skin, the serums are relieving to apply & then they quietly go about their business, nurturing, hydrating & repairing.



Silken Gel Serum

Silken Skin Conditioner is a luxurious gel serum designed for enriched, velvety-smooth, hydrated skin.

Infused with the power of **hyaluronic acid**, this innovative formula delivers unparalleled moisture. Enhanced with **bifida extract**, it fortifies your skin's natural defenses, fostering resilience and a luminous complexion. The addition of **silk amino acids** imparts a silky texture, leaving your face irresistibly soft.

Indulge in the ultimate skincare experience with Silken Skin Conditioner – perfect for women desiring a radiant, hydrated complexion and a touch of elegance in their daily routine.



Eternal Serum

Indulge in self-care with this luxurious face oil serum.

Camellia oil provides deep hydration, while **Rosehip oil** promotes skin regeneration. **Meadowfoam oil** locks in moisture, enhancing skin elasticity. **Sea buckthorn extract**, abundant in antioxidants, shields against environmental damage. **Carrot seed oil** revitalizes and imparts a healthy glow. **Coenzyme Q10** diminishes the appearance of fine lines.

Elevate your self-care routine with this nurturing serum, ensuring your skin stays radiant, resilient, and nurtured.

Ensure your skin stays radiant, resilient, and nurtured, embracing the ritual of self-love. Use nightly, or add a few drops to your morning moisturiser.



Toning Mists

Witch hazel is one of nature's best astringents, and partnered with beautiful **floral waters**, these mists are not only perfect as toners, but can also be used as a gentle cleanser, or a 3pm pick-me-up. Partnered with **lemon myrtle, aloe vera & hyaluronic acid**; or refreshing **peppermint & frankincense** and with **soothing cucumber extract**, your skin will be left feeling refreshed, hydrated, soft & calm.

Loving Kindness

face creme



may I be safe
may I be calm
may I be happy

these are the words of loving
kindness you should say with
consideration to yourself whilst
gently applying this daily
moisturiser.

loving kindness, in all its forms,
is something we deserve.



Loving Kindness - Sensitive

Crafted for skin in need of extra attention, this gentle formula incorporates soothing **Chamomile**, nourishing **Evening Primrose Oil**, and the skin-conditioning benefits of **Allantoin**. Enhanced with calming **Olive Squalene**, active ingredients like **Vit B**, **Niacinamide**, **Honeyquat**, and **Hydrolysed Wheat Protein** contribute to a truly enriching skincare experience.

The inclusion of **Cranberry Extract** provides an extra layer of protection, promoting a radiant complexion while addressing specific skin needs. Your skin will not only be cared for but also revitalized and fortified for a healthier, more resilient appearance.

(not recommended for those with gluten intolerance)

Loving Kindness - Original

Savor the richness of this daily face moisturizer, specifically crafted with premium ingredients like **hyaluronic acid** and enriched with **Camellia**, **Apricot Kernel**, and **Wheat Germ oils**.

Nourishing for both your skin and soul, this luxurious cream, high in **vitamins K and E**, promotes smoothness, softness, and an even skin tone.

Immerse yourself in the indulgence of a skincare ritual with a product that pampers your senses, unveiling the radiant and confident woman within you.



Hand Creames & Body Lotion

A hand creme designed to hydrate and protect.

If you do not already, now is the time to embrace the ritual of hand creme application.

Arwen's Garden hand creme hydrate the skin & applies a protective barrier to adverse external forces. Made with no less than 3 **moisturising butters, aloe vera, vitamin e & essential oils**, your hand will feel softened and nurtured after the first application.

Take 5 minutes to Stop, Apply, Massage, Inhale & Breathe out long & slow. Now have a great day.



Body Lotion

Crafted with utmost care as a tailored solution for a client desiring enhanced skin support, it became abundantly clear that this exquisitely crafted bespoke gem deserved a spot in Arwen's Garden collection inviting everyone to experience its irresistible and exclusive benefits.

Enriched with four different oils, **Wheat Germ, Rosehip, Hempseed & Vitamin E**, and two gorgeous butters, **Shea & Mango**, and enhanced with **cranberry extract**, this lotion is deceptively light to the touch but deeply penetrating. With **Apple & Cinnamon** fragrance, you can see why this had to become a part of the Arwen's Garden range.



Arnica & Ginkgo Potted Creme



Introducing the ultimate hand care essential: Arnica & Ginkgo Potted Crème.

A luxurious blend featuring **arnica oil**, **argan butter**, and **ginkgo extract**.

Arnica oil soothes and revitalizes tired hands, while argan butter provides intense hydration, leaving your skin feeling silky-smooth. The infusion of ginkgo promotes the overall health of your hands. Frangranced with essential oil **Honey lemon myrtle**, this rich creme is refreshing and invigorating.

Pamper your skin with the perfect fusion of nature's treasures, delivering unparalleled moisture and nourishment.



Body Butter & Body Yoghurt



Cinnamon & Sweet Orange



Body Butter

Designed as an intense hydrating lotion, this body butter is best suited to those extra dry areas. Perfect for after shaving, or in the evening for a deep-down moisture boost. Made with **whipped refined Shea butter** & nature's gift of **Sweet Almond Oil** rich in vitamin A, E & F your skin will feel silky smooth.

The gorgeous aromas of **Cinnamon & Sweet Orange** and the new **Sweet Orange & Eucalyptus** will stimulate the senses, and create a warming, refreshing, uplifting experience. But which one to choose?



Sweet Orange & Eucalyptus



Body Yoghurt

Indulge in the opulence of body yogurt, a sumptuous skincare delight that transcends traditional moisturizers and can hold its own on a hot summer day.

This velvety product effortlessly glides onto your skin, embracing you in a cocoon of lavish hydration. Immerse yourself in the exquisite scent of Tangerine & Vanilla, leaving you enveloped in a sensorial paradise.

Beyond mere hydration, body yogurt offers a feather-light texture, ensuring swift absorption without the sticky residue. Enriched with **Sweet Almond Oil, Cocoa Butter, Mango Butter, & Vitamin E**

Elevate your self-care routine with this decadent treat, a daily ritual that transforms your skin into a canvas of softness, radiance, and unparalleled luxury.

Beard Oil

SMOOTH



Designed with close consultation with my bearded loved ones. The requirement was something light but ensured a smooth soft feel throughout the day with a refreshing burst of grapefruit.

The chosen oils all contain softening properties, being light and easily absorbed leaving a silky smooth feel. The specially selected oils also address issues associated with dry skin often experienced by our bearded ones.



Palm Free **Coconut Oil** is highly absorbent and light and works well with the lightness of **Grapeseed Oil** that also boasts a light silky feel.

Sweet Almond Oil is an essential ingredient as it is rich in unsaturated fatty acids, making it particularly nourishing for the skin.

Jojoba Oil is also a valued inclusion due to its conditioning properties which help to keep hair soft, shiny and hydrated. **Rosehip Oil** ensures that any dry or irritated skin is cared for.



Bespoke Ordering

At Arwen's Garden, our products are crafted with you in mind, and we invite you to embrace the concept of a **'slow purchase.'**

Instead of instant gratification, you are encouraged to experience the satisfaction of a **thoughtfully tailored** process.

Why forgo a traditional shop? The answer lies in my commitment to providing products that are **purposefully created according to your order.**

Unlike mass-produced items that might linger on shelves for months, your products at Arwen's Garden are uniquely made for your order.

In a world accustomed to spontaneous purchases and swift doorstep deliveries, the Arwen's approach may seem unconventional. However, I implore you to embrace this deliberate process. I want you to **take a moment, to consider**, and to **derive genuine satisfaction** from your purchase.

Every product is meticulously **crafted with care**, and each item is hand-labeled (apologies if any labels are slightly wonky!) and hand-packed. This personal touch ensures that when your order arrives, it feels not just like a package, but like a special, tailored experience.

To place your order, visit the **Bespoke Order** page on the website and use the online order form. Or you can email me at findme@arwensgarden.com.au; or send me a Direct Message through Instagram or Facebook. You can even put an order if we bump into each other down the street or at the park.

Notably, **no payment is required during the ordering stage.** An invoice, inclusive of postage costs, will be sent to you after we have confirmed the full requirements of your order.

Embrace the beauty of anticipation and the joy that comes with a purchase made just for you.



Arwen's
Garden
Artisan Skincare

Arwen's Garden

Artisan Skincare

My guiding philosophy embraces the idea that aging is a privilege, a journey to be cherished and thankful for. In product descriptions, you'll seldom encounter anti-aging terms, as I believe in embracing and appreciating the unique beauty that comes with the passage of time.

The Arwen's Garden experience is one of taking some time to reflect, appreciate, and celebrate. From the 'slow purchase' experience to the request that the use of the products be done with slow, deliberate self-reflection, self-consideration, and self-celebration. Breathe.

At Arwen's Garden products advocate for love and care for the skin we're in—nurturing, enriching, and cherishing it daily. Proudly embodying an Age-Embracing, Smile-Line Loving approach to self-care. Each product is thoughtfully designed to foster positive self-reflection, providing you with moments of rest and rejuvenation.

I research each and every ingredient used. I make the decisions about what goes in and why. I measure, mix, emulsify, formulate, test, record, bottle, label, and pack every single thing myself. – for you.

Hand-Picked. Hand-Designed. Hand-Crafted. Hand-Packaged. And, in some instances, Hand-Delivered. Each creation is a labor of love, reflecting my commitment to authenticity and the genuine care I infuse into every product.

**Hand-Picked. Hand-Designed. Hand-Made. Hand-Packaged.
& in some cases, Hand-Delivered.
All made with love.**



Artisan Skincare Wholesale Opportunities



Arwen's Garden range is a perfect addition to your business. Handmade, artisan products that entice your clients and look beautiful on your shelves. If you would like to know more, please feel welcome to make contact us to discuss opportunities. Email Jo findme@arwensgarden.com.au



arwens_garden



Arwen's Garden Natural Skincare @arwensgarden

www.arwensgarden.com.au